

Keep this booklet handy for your reference.

# Nagaoka City A Guide to Classification and Disposal of Trash and Recyclable Materials



## What each of us can do is to join... the 3 "R"s campaign.

**1** Try to reduce trash and wasted recyclable materials.

**R**educe

Avoid generating unnecessary trash and acquiring unnecessary items.

Bring your own shopping bag and purchase commodities that can be refilled or that are not heavily wrapped.

**2** Think about your trash before throwing it out.

**R**euse

Reuse old things.

Give away items you don't need to people who need them.

**3** Separate your trash properly before putting it out.

**R**ecycle

Try to reuse and recycle unnecessary items.

Separate recyclable materials from other trash.

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Fees Required

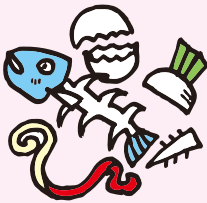
# A Guide to Classification and Disposal of Trash and Recyclable Materials

## Fees Required

### Food Scraps

Collected twice a week

Drain water thoroughly, put food scraps in designated prepaid bags, and tie them shut.



Refer to p. 4 for details.

### Burnable Trash

Collected once a week

Disposable diapers and food scraps that cannot be kept until the designated collection days can be put out together with other burnable trash in the same bags.

Put burnable trash in designated prepaid bags and tie them shut.



Refer to p. 5 for details.

## Free of Charge

### Plastic Containers and Wrapping Materials

Collected once a week



Containers and wrapping materials with this “プラ” mark can be collected.

1 Wash with water.



2 Put them in transparent or translucent bags and tie them shut.



Refer to p. 9 for details.

### Glass Bottles, Cans, and PET Plastic Bottles

Collected once a week

Glass bottles for beverages, seasoning ingredients, etc.  
Cans for beverages, *nori* (laver), tea, snacks, etc.

PET plastic bottles with this mark for beverages, soy sauce, alcoholic drinks, sweet sake for seasoning, etc.

1 Wash with water.



2 Put them in transparent or translucent bags and tie them shut.

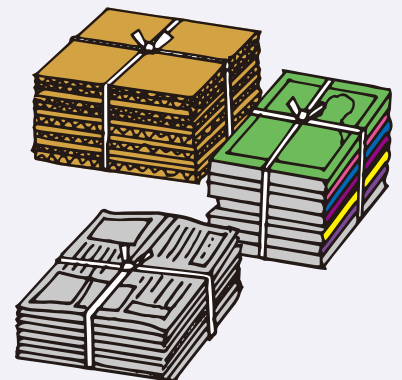
In the Kawaguchi District, glass bottles and cans should be separated from PET plastic bottles, and they should be put out in separate bags that are tied shut.

Refer to p. 10 for details.

### Newspapers, Magazines/Flyers, and Cardboard

Collected twice a month

They should be sorted into three categories (newspapers, magazines/flyers, and cardboard) and tied with string.



Refer to p. 11 for details.



Disposable diapers that cannot be kept until the designated collection day can be put out on collection days for food scraps.



Circle the picture of the diaper printed on the designated prepaid bags and tie them shut.

Refer to p. 5 for details.

**Non-Burnable Trash** Collected twice a month



Put non-burnable trash in designated prepaid bags and tie them shut.

Refer to pp. 6 - 7 for details.

**Large-Sized Trash** Picked up at your door by advance request

Designated telephone number for requests: 0258-25-0053

Designated fax number for requests: 0258-25-0064

Purchase large-sized trash handling tickets and stick them on the trash. Put out large-sized trash at the front entrance of your house on the designated collection day.



Refer to p. 8 for details.

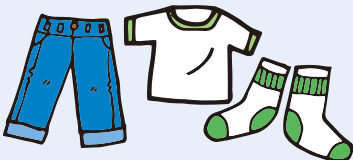
**Used Clothing and Pieces of Cloth**

Collected twice a month  
Not collected from January to March

After making sure that they are in good condition, they should be folded and put in transparent or translucent bags that are tied shut.



- Clothing (except for those padded with natural cotton)
  - You can put out underwear, socks, *kimono*, as well as clothing with names written on them.
  - Please leave buttons and zippers attached to the clothing.



- Pieces of Cloth (only towels, towelkets, sheets, and blankets)
  - Please do not remove zippers or elastic bands of sheets.



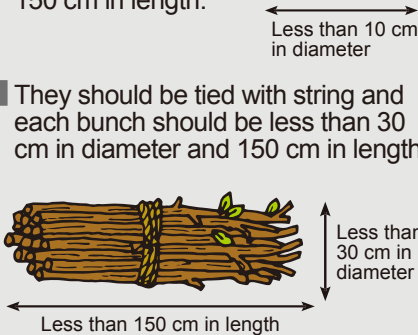
Refer to p. 12 for details.

**Twigs, Leaves, and Grass**

Collection methods differ in each district.



- Twigs should be less than 10 cm in diameter and 150 cm in length.
- They should be tied with string and each bunch should be less than 30 cm in diameter and 150 cm in length.



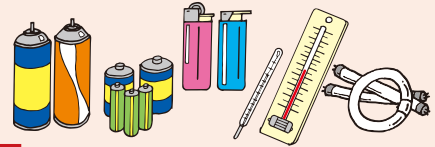
- Fallen leaves and grass free of soil should be put out in transparent or translucent bags that are properly tied shut.



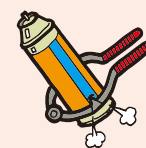
Refer to p. 13 for details.

**Spray Cans, Flammable Items, and Hazardous Items**

Collected twice a month



- The contents of spray cans, cassette cylinders, and lighters should be completely removed.



They should be punctured.

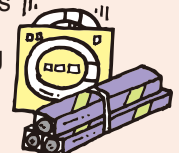


Insert a toothpick or use adhesive tape or a rubber band to hold down the lever.

- Put them in a transparent or translucent bag, tie it shut, and label the bag "キケン" (hazardous).



- Fluorescent light tubes should be put out in their original wrapping materials.



Refer to pp. 14 - 15 for details.



# Food Scraps

Collected twice a week



## Designated Prepaid Bag for Food Scraps (pink and translucent)

Size	Price (10 bags)
Small (approx. 10 liters)	¥100
Extra Small (approx. 5 liters)	¥50
Extra Extra Small (approx. 2 liters)	¥20



Designated prepaid bags for food scraps can be purchased at retail stores with this sign.

## How to Put Out Food Scraps

- Food Scraps should be put out in designated prepaid bags for food scraps that are tied shut. They should be put out at your assigned trash collection site by 8:30 a.m. on the designated collection days.
- Food scraps in straining nets and transparent or translucent plastic bags can be put in designated prepaid bags for food scraps.
- Food scraps should not be wrapped in paper because paper interferes with fermentation.

\* If you are not sure whether your trash can be put out as food scraps or burnable trash, put it out as burnable trash.



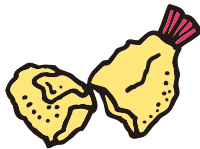
Drain water thoroughly.

## Typical Food Scraps

### Vegetables



### Cooked Food



### Fruits



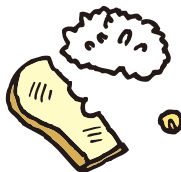
### Food Scraps



### Confectionery



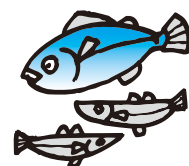
### Grain and Grain Food Products



### Meat

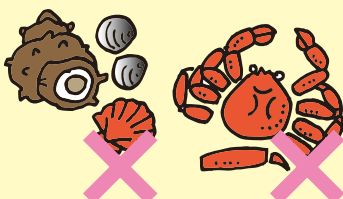


### Fish



## Example of trash that should be put out as burnable trash

### Seafood Shells



### Husks from Corn and Bamboo Shoots



### Coagulated Cooking Oil



### Why?

Food scraps are fermented and turned into biogas, which is used for power generation. Items that cannot be easily decomposed, are not suitable for fermentation, or are likely to lead to the breakdown of machinery should be put out as burnable trash.

# Burnable Trash

Collected once a week



## Designated Prepaid Bag for Burnable Trash (yellow and translucent)

Size	Price (10 bags)
Large (approx. 40 liters)	¥520
Medium (approx. 25 liters)	¥320
Small (approx. 10 liters)	¥130
Extra Small (approx. 5 liters)	¥60



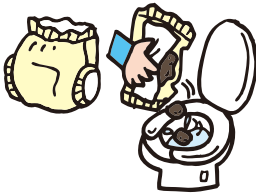
Designated prepaid bags for burnable trash can be purchased at retail stores with this sign.

## How to Put Out Burnable Trash

Burnable trash should be put out in designated prepaid bags for burnable trash that are tied shut. They should be put out at your assigned trash collection site by 8:30 a.m. on the designated collection day.

## Typical Burnable Trash

### Disposable Diapers



Diaper contents should be flushed down a toilet.

### Putting out disposable diapers on collection days for food scraps

Put out disposable diapers in prepaid bags for burnable trash and circle the picture of the diaper.



\* Urine pads and sanitary napkins can also be put out with disposable diapers. Other burnable trash cannot be put in these bags.

### Unclean Paper



### Processed Paper Products, Water-Proof Paper Cartons, Paper Products, etc.



- Water-proof paper products or aluminum foil-coated paper products should be put out as burnable trash even if they have the ♻️ mark.
- It is advised that you take your milk cartons to collection boxes that are set up in retail stores or supermarkets.

### Cigarette Butts and Sparklers



Cigarette butts, sparklers, and ashes should be soaked in water before you put out them as trash.

### Cat/Pet Litter



Solid waste should be flushed down a toilet.

### Bamboo Skewers



Break the tips.

Stems or vines of produce from home vegetable gardens, like those of *edamame* (green soybeans) or *shiso* (beefsteak plants)

### Chestnut Burrs



### Seafood Shells



### Husks from Corn and Bamboo Shoots



### Coagulated Cooking Oil



### Disposable Pocket Warmers, Drying Agents, Cooling Agents, Video Tapes, and Cassette Tapes



Plastic cases for cassette and video tapes are non-burnable trash.

### Food Scraps



Try to put out food scraps on the designated collection days for food scraps.

### Wooden Boards (for tree supports in winter, etc.), Square Lumber, and Wooden Rods



Square lumber and wooden rods should be cut into pieces less than 5cm in diameter and 50cm in length and put into designated prepaid bags.

These items are classified as burnable trash because they may cause technical handling difficulties at trash disposal facilities.

## How to dispose of medical waste from home

### Pen-Style Self-Injection Needles

Needles should be put out in needle cases.



Needle cases should be put out in plastic containers with lids.



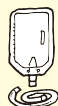
They should be put out in prepaid bags for burnable trash and marked with 医.

\* They can be put out with other burnable trash.



### IV and Other Medical Drip Bags and Tubes

The liquid should be thoroughly drained.



Wrap them in newspaper.



Only pen-style self-injection needles and liquid drip bags & tubes can be put out at the city's trash collection sites. Please contact your regular medical clinics for disposal of other medical waste.

## Q&A

**Q Can futon bed quilts and blankets be folded or rolled up and put out in designated prepaid bags for burnable trash?**

**A** If you put them out as burnable trash, you must cut them into 50-centimeter square pieces. Otherwise *futon* bed quilts may get tangled in the machines at trash treatment facilities, causing mechanical damage. If you can't cut them into square pieces, you need to ask for them to be picked up as large-sized trash.

# Non-Burnable Trash

Collected twice a month



## Designated Prepaid Bag for Non-Burnable Trash (blue and translucent)

Size	Price (10 bags)
Extra Large (approx. 50 liters)	¥650
Medium (approx. 25 liters)	¥320
Small (approx. 10 liters)	¥130
Extra Small (approx. 5 liters)	¥60



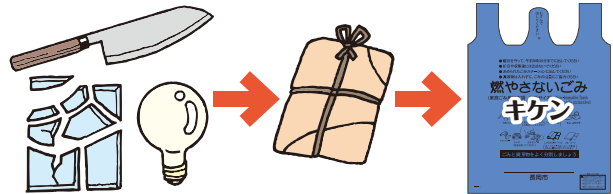
Designated prepaid bags for non-burnable trash can be purchased at retail stores with this sign.

## How to Put Out Non-Burnable Trash

Non-burnable trash should be put in designated prepaid bags for non-burnable trash that are tied shut. They should be put out at your assigned trash collection site by 8:30 a.m. on the designated collection day.

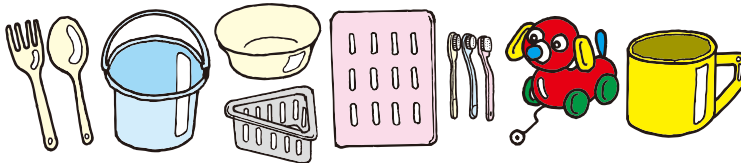
## How to Put Out Hazardous Items

Hazardous items such as knives and glass products should be wrapped in paper and put in designated prepaid bags for non-burnable trash. They should be labeled “キケン”(hazardous) or “ワレモノ”(broken/fragile).  
\* They can be put out with other non-burnable trash.



## Typical Non-Burnable Trash

### Plastic Products (except for plastic containers and wrapping materials)



plastic buckets, wash basins, food scrap strainers, bathroom mats, plastic toys, toothbrushes, etc.

### Engine Oil Cans and Paint Cans. (Cans should be completely empty.)

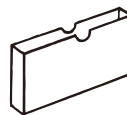


### Metal Products, Ceramic Ware, and Glass Products



pans, kettles, bowls/cups, glass tableware, glass panes, etc.

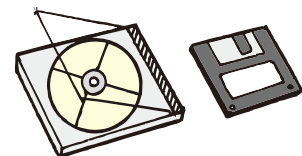
### Video Tape and Cassette Tape Cases



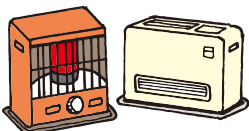
\* Video tapes and cassette tapes are burnable trash.

### DVDs, CDs, MDs, and FDs

(including cases)



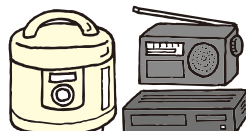
### Space Heaters and Fan Heaters



These recyclable items can be brought to and put out at designated collection sites. (Refer to p.16)

Kerosene and batteries should be removed from space heaters before they are put out. If they cannot fit in designated prepaid bags for non-burnable trash, you need to have them be picked up as large-sized trash.

### Small Electrical Appliances



These recyclable items can be brought to and put out at designated collection sites. (Refer to p.16)

Radio cassette tape recorders, video players, and plastic toys that can fit in designated prepaid bags for non-burnable trash

### Boots, Bags, etc.



\* Apply for large-sized trash collection service for dehumidifiers.



Baby Bottles



Jars (for making home-made fruit liqueurs)



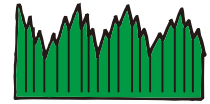
Hangers



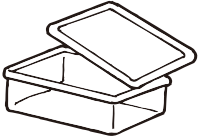
Aluminum Foil Cups



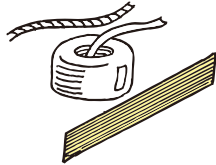
Plastic Grass



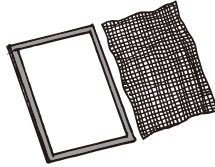
Plastic Cases



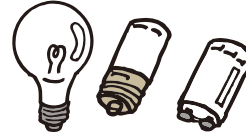
Plastic Bands (PP Bands) and Cords for Binding



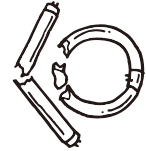
Screens for Windows and Sliding Doors



Light Bulbs and Glow Starters (for Fluorescent Lights)



Broken Fluorescent Light Tubes



\* They should be wrapped in paper.



The following items cannot be put out as non-burnable trash. Put them out as Spray Cans, Flammable Items, and Hazardous Items.



Portable Gas Cylinders, Spray Cans, and Lighters

If these items are compacted in a trash-collection vehicle, they may explode and a fire may break out.

Fluorescent Light Tubes (unbroken)

These hazardous items should be properly separated and put out as Spray Cans, Flammable Items, and Hazardous Items.

Small Chargeable Batteries

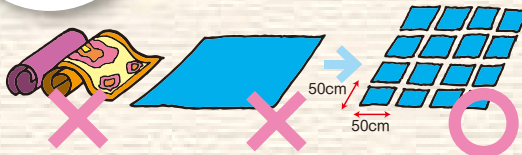
(lithium-ion batteries, nickel-cadmium batteries, and nickel-metal hydride batteries)

For further detailed information, refer to pages 14 and 15.

Q & A

Q Can carpets, rugs, and ground sheets be folded and put out in a designated prepaid bag for non-burnable trash?

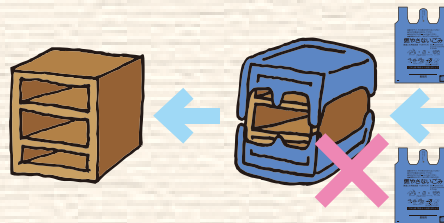
A No. When putting these items out as non-burnable trash, they should be cut into 50-centimeter square pieces or smaller.



Otherwise, they can get tangled in trash disposal machines, causing the machines to break down. If it is not possible to cut them into pieces, apply for large-sized trash collection service.

Q Can large-sized trash be put out in a prepaid bag with another prepaid bag covering the top?

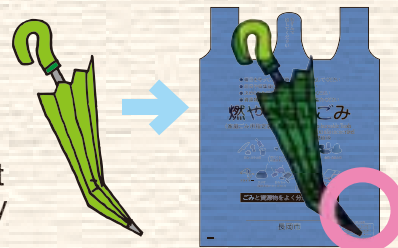
A No. The city only collects trash put in a single designated prepaid bag. Apply for large-sized trash collection service for trash that cannot be put in a designated prepaid bag.



These items should be put out as large-sized trash.

Q If an umbrella doesn't completely fit in a designated prepaid bag, can I still put it out in that bag?

A An umbrella in a medium-sized or larger designated prepaid bag can be collected even if its handle sticks out. Umbrellas can also be put out in small designated prepaid bags if they completely fit in the bag.



# Large-Sized Trash

Picked Up at Your Door  
by Advance Request

## Typical Large-Sized Trash

Trash that cannot fit in designated prepaid bags for burnable or non-burnable trash is classified as large-sized trash. An item that cannot be carried by two persons cannot be collected.



Large-sized trash handling tickets can be purchased at designated stores that sell designated prepaid trash bags.

### Futon Bed Quilts, Carpets



### Furniture



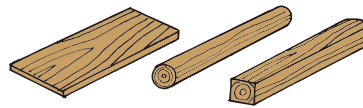
### Bicycles



### Dehumidifiers



### Boards, Lumber, Logs



Wooden boards should be cut into pieces less than 3 cm thick and 2 meters long. Lumber and wooden rods should be cut into pieces less than 10 cm thick and 2 meters long.

## How to Put Out Large-Sized Trash

- 1 Apply for large-sized trash collection service via the designated telephone number, fax number, or the Internet.

Designated telephone number for requests: **0258-25-0053**

Designated fax number for requests: **0258-25-0064**

Online Applications: Use the "E-Application and Registration Service" on the city Website  
[Top>Municipal Administration>City Development>Informatization](#)  
 Use this QR code with a smartphone.

Please make sure to dial the correct number.



### Office Hours

- Phone: Monday - Friday 8:30 a.m. - 5:00 p.m. (except for national holidays, substitute holidays, and the year-end and New Year's holidays)
- Via Fax } Applications are accepted on a 24-hour basis all year round. As applications will be confirmed via  
 On the Internet } fax or e-mail (for an Internet application), set up your device so that it can receive the confirmation.

### Collection Days

Monday - Friday (except for national holidays, substitute holidays, and the year-end and New Year's holidays)

### Matters that will be confirmed upon receiving a request

Address, name, telephone/fax number, the types of articles, size (length, width, height), and the number of articles  
 \*A maximum of five articles can be collected at a time.

- 2 When accepting your request, the necessary collection charge for each article and the collection date will be confirmed.

- 3 Purchase large-sized trash handling tickets at a designated store selling designated prepaid trash bags and attach the tickets to each piece of trash.

- 4 On the morning of the notified collection day, leave your trash with handling tickets attached.

- Large-sized trash should be put out by 8:30 a.m. on the designated collection day.
- The trash should be put out at the entrance of a house or at the bottom of the stairs of an elevated-floor-style house. The trash should be clearly visible from the roadside.
- The trash should be put out near the first-floor entrance of apartment buildings or condominiums. The collection date should be indicated on the handling tickets.

**Large-sized trash cannot be collected from inside a house or building.**

Large-sized trash with handling tickets attached can be collected even when you are not present.

Handling charges for typical large-sized trash are as follows:

Collection Charges	Large-Sized Trash
¥200	futon bed quilts, bicycles, strollers, child seats, microwave ovens, heaters, suitcases, etc.
¥600	chests of drawers (up to 90 cm tall), tables, sofas (without springs), single-beds (without mattresses), etc.
¥1,000	chests of drawers (over 90cm tall), semi-double/double beds (without mattresses), etc.



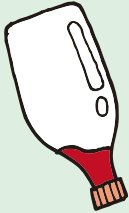
# Plastic Containers and Wrapping Materials

Collected once a week

## How to Put Out Plastic Containers and Wrapping Materials

Dirty containers should be washed out with water. Empty containers should be put in transparent or translucent bags, and the bags should be tied shut. They should be put out at your assigned trash collection site by 8:30 a.m. on the designated collection day.

① Empty the container.



② Remove the cap and cut off the upper part.



③ Wash it out with water.



④ Put it in a transparent or translucent bag.

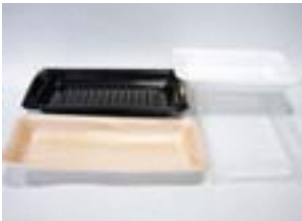


## Typical Containers and Wrapping Materials



Containers and wrapping materials with this mark can be collected.

Food trays for meat, fish, vegetables, fruits, etc.



Outer and inner packages for cakes, cookies, candies, etc.



Detergent or shampoo bottles and other similar bottles



Cups for instant noodles, yogurt, etc.



Styrofoam packing and sheets to protect commodities (for fruits, household electrical appliances, etc.)



Tubes for mayonnaise, mustard, etc.



Food trays with dividers for curry roux, cakes, cookies, seasoned seafood snacks, and other snacks, etc.



Nets for vegetables, fruits, etc.



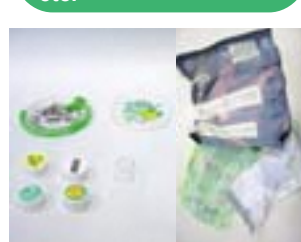
Tubes for toothpaste, facial soap, glue, etc.



Packages for eggs, vegetables, fruits, etc.



PET plastic bottle caps & labels, instant noodle cup lids, ice cream lids, etc.



Plastic shopping bags and other household plastic bags



It is advised that you take your food trays to collection boxes set up in retail stores or supermarkets.

# Glass Bottles, Cans, and PET Plastic Bottles

Collected once a week

## How to Put Out Glass Bottles, Cans, and PET Plastic Bottles

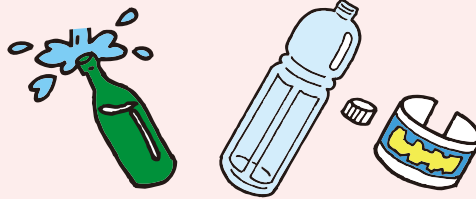
If they are not clean, they should be rinsed out with water. Glass bottles, cans, and PET plastic bottles should be put together in transparent or translucent bags and tied shut. They should be put out at your assigned trash collection site by 8:30 a.m. on the designated collection day.

① Empty the bottles.



② Wash them out with water.

Caps and labels of PET plastic bottles should be removed. Put them out with plastic containers and wrapping materials. Labels on glass bottles can be left on.



③ They can all be put together in transparent or translucent bags.



\* In the Kawaguchi District, glass bottles & cans can be put out together in transparent or translucent bags that are tied shut. PET plastic bottles should be put out separately in another bag.  
\* If they contain any foreign objects or if they are not clean, put them out as non-burnable trash.

## Typical Glass Bottles, Cans, and PET Plastic Bottles

Glass bottles for beverages, seasoning ingredients, etc.



Cosmetic Bottles



Returnable Glass Bottles (Please return them to retail stores if possible.)



Cans for beverages, *nori* (laver), tea, snacks, etc.



PET plastic bottles with this mark for beverages, soy sauce, alcoholic drinks, sweet sake for seasoning, etc.



\* Returnable glass bottles are environmentally-friendly glass bottles that can be repeatedly used after being washed.  
\* Returnable glass bottles such as 1.8-liter sake bottles or beer bottles can be returned for a small refund at liquor stores.

# Newspapers, Magazines/Flyers, and Cardboard

Collected twice a month

## How to Put Out Newspapers, Magazines/Flyers, and Cardboard

They should be sorted into three categories (newspapers, magazines/flyers, and cardboard) and tied with paper cords. Put them out at your assigned collection site by 8:30 a.m. on the designated collection day.

### Newspapers

Nothing else should be included with newspapers.



### Magazines/Flyers

Small pieces of paper should be put into magazines, folded flyers, or used envelopes.



### Cardboard

Nothing else should be included with cardboard.



### Request



Even on rainy or snowy days, please do not put them in plastic or paper bags.

## Typical Magazines/Flyers

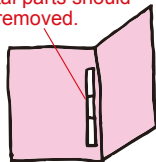
Magazines/Flyers include newspaper inserts, weekly magazines, paperbacks, textbooks, dictionaries, catalogs, pamphlets, paper sacks, pasteboard boxes, Japanese *washi* paper, backings from purchased goods, etc.

### Weekly Magazines



### Paper Files

Metal parts should be removed.



### Calendars



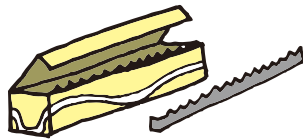
### Catalogs, Pamphlets



### Envelopes



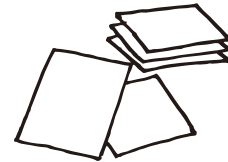
### Boxes of Plastic Wrap



### Tissue Boxes



### Pasteboard Paper, Calligraphy Paper, Photocopy Paper



### Postcards, Business Cards



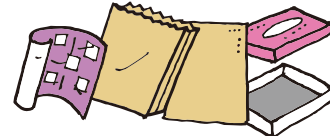
### Scratch Pads



### Posters

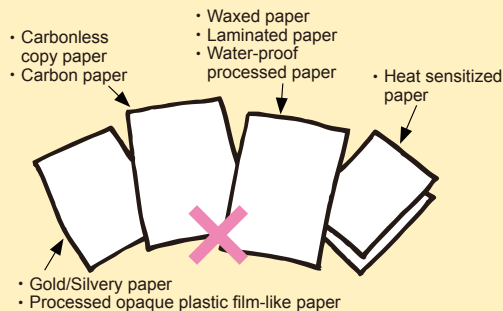


### Wrapping Paper, Paper Sacks, Pasteboard Paper, Paper Boxes



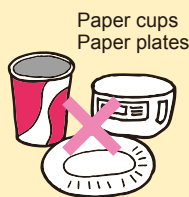
## Paper That Cannot Be Put Out as Recyclable Materials

### These items should be put out as burnable trash

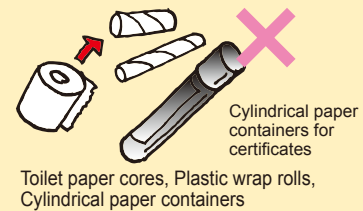


Heat sensitized paper turns black when friction is applied. It is usually used as receipt or facsimile paper.

It is advised that you take your milk cartons to collection boxes that are set up in retail stores or supermarkets.



### Photographs



〈How to Distinguish Laminated Paper from Others〉  
A thin film is visible when laminated paper is slowly torn apart.



Water-proof paper products or aluminum foil-coated paper products should be put out as burnable trash even though they have the ♻️ mark.

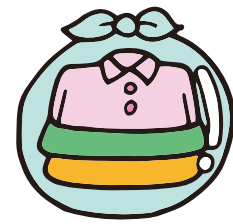


## Used Clothing and Pieces of Cloth

Collected twice a month  
Not collected from January to March

### How to Put Out Used Clothing and Pieces of Cloth

After making sure that they are in good condition, they should be folded and put in transparent or translucent bags that are tied shut. They should be put out at your assigned collection site by 8:30 a.m. on the designated collection day. Since wet clothing or pieces of cloth cannot be reused, they should only be put out on sunny days.



### Typical Used Clothing and Pieces of Cloth (in good condition)

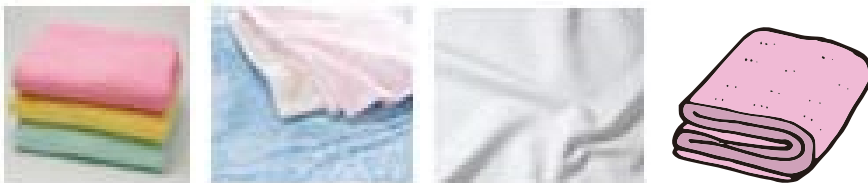
#### Clothing (except for those padded with natural cotton)

- When putting out used clothing or pieces of cloth, you should think about their condition by judging whether you would want them or not if you yourself were to receive them.
- You can put out underwear, socks, *kimono*, as well as clothing with names written on them.
- Please leave buttons and zippers attached to the clothing.



#### Pieces of Cloth (only towels, *towelkets*, sheets, and blankets)

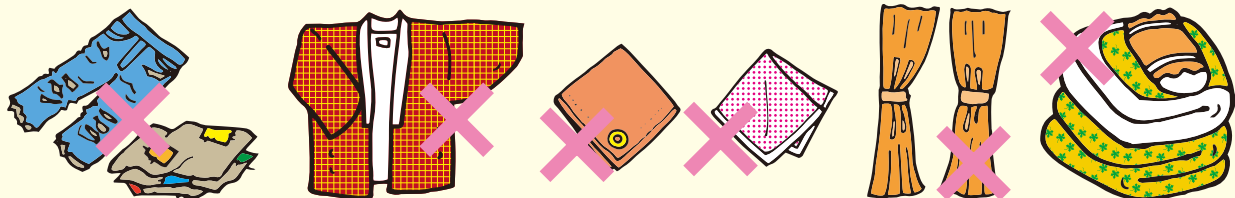
- Please do not remove zippers or elastic bands of sheets.



### Items that cannot be put out as Used Clothing and Pieces of Cloth

They should be put out as burnable trash.

Stained or torn clothes and pieces of cloth, clothing padded with natural cotton, hand towels, handkerchiefs, fabric and fabric cuttings, curtains, *futon* bed quilts, pillows, cushions, etc. Large-sized clothing and pieces of cloth should be cut into square pieces (maximum 50 cm x 50 cm). If they cannot be cut, they should be put out as large-sized trash.



### How are used clothing and pieces of cloth recycled?

- Recyclable-material dealers will collect and send used clothing and pieces of cloth to various parts of Japan and foreign countries.
- Used clothing will be reused by people in need.
- Used pieces of cloth will be used to clean up oil in factories or as packing materials.

# Twigs, Leaves, and Grass

Collection methods differ in each district.  
Twigs, leaves, and grass are not collected in January and February.

## How to Put Out Twigs, Leaves, and Grass

For collection methods, please refer to "The Calendar of Collection Days for Household Trash and Recyclable Materials."

### Twigs, Leaves

Twigs should be tied with straw or hemp cords. Do not put them in bags.  
\* A single twig should be less than 10cm in diameter and 150 cm in length  
\* A single bunch of twigs should be less than 30 cm in diameter and 150 cm in length



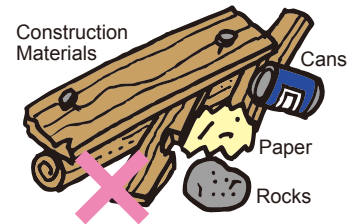
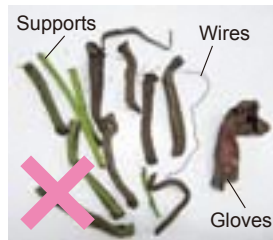
### Grass

Fallen leaves and grass free of soil should be put out in transparent or translucent bags that are properly tied shut.



### Request

If sickles, gloves, trowels, or other tools are mixed in with twigs, leaves, and grass, your trash cannot be collected. Please make sure they are separated properly.



## Twigs, Leaves, and Grass

Only include trimmed twigs and leaves from your yard or fallen leaves from roadside trees.



Grass and flowers should come only from your yard.



### Items That Cannot Be Put Out as Twigs, Leaves, and Grass

- Produce from household vegetable gardens, stems of *edamame* (green soybeans) and *shiso* (beefsteak plants), vines, and chestnut burrs should be put out as burnable trash.
- Processed square lumber, wooden rods, plywood, and wooden furniture should be put out as burnable trash or should be picked up as large-sized trash.

We biodegrade our food scraps with a compost bin. Your cooperation is appreciated.



## Spray Cans, Flammable Items, and Hazardous Items

Collected twice a month

As of April 2020, the trash designation "Hazardous Items" was changed into "Spray Cans, Flammable Items, and Hazardous Items."

### Items that can be put out as Spray Cans, Flammable Items, and Hazardous Items

- Spray Cans
- Portable Gas Cylinders for Cooking
- Lighters
- Fluorescent Light Tubes
- Batteries
- Mercury Thermometers
- LED Light Bulbs
- Coin-Type Batteries (Model No.: CR and BR)
- E-Cigarettes
- Mobile Batteries
- Small Chargeable Batteries (lithium-ion batteries, nickel-cadmium batteries, and nickel-metal hydride batteries)

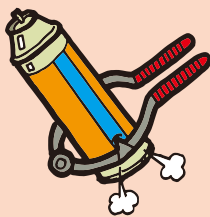
### How to Put Out Spray Cans, Flammable Items, and Hazardous Items

Hazardous items should be labeled "キケン" (hazardous) in order to distinguish them from other trash. They should be put out at your assigned trash collection site by 8:30 a.m. on the designated collection day.

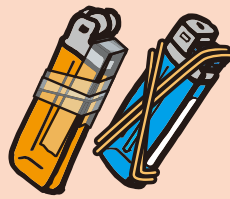
#### Emptied Spray Cans, Portable Gas Cylinders for Cooking, Lighters

After being thoroughly used, spray cans and portable gas cylinders for cooking should be punctured (outdoors in a well-ventilated area) to release any remaining gas. Remaining gas may cause spray cans or portable gas cylinders to explode inside trash collection vehicles, causing a fire.

How to Put Out Hazardous Items



- They should be punctured.



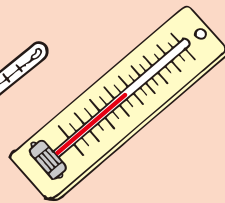
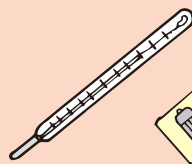
- Insert a toothpick or use adhesive tape or a rubber band to hold down the lever.

Put them in a transparent or translucent bag, tie it shut, and label the bag "キケン" (hazardous).



#### Used Batteries, Mercury Thermometers

#### Coin-Type Batteries (Model No. : CR and BR)



The city does not collect button batteries (model numbers starting with SR, PR, or LR.)

These items should be put out in collection boxes at certain stores.

Search for stores with collection boxes at the Battery Association of Japan Website.

<http://www.botankaishu.jp/m/top.php>

For information about how to identify coin-type batteries and button batteries, scan the QR code.

<http://www.baj.or.jp/kind/>



Stores with collection boxes

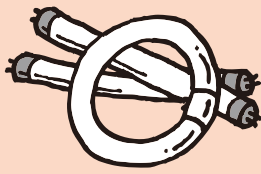


How to identify types of batteries



### Fluorescent Light Tubes, LED Light Bulbs

Fluorescent light tubes should be put out in their original wrapping materials or they should be wrapped in paper and put out in transparent or translucent bags labeled “**荧光管**” (fluorescent light tubes).

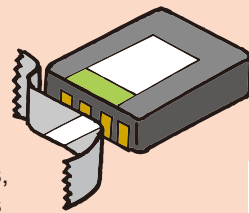


### Small Chargeable Batteries (lithium-ion batteries, nickel-cadmium batteries, and nickel-metal hydride batteries), E-Cigaretters, Mobile Batteries

Remove the small chargeable battery.  
Leave e-cigarettes and mobile batteries as they are.

Cover the metal terminal with tape.

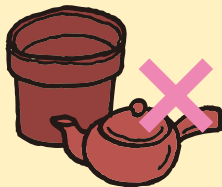
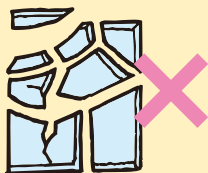
Small chargeable batteries (lithium-ion batteries, nickel-cadmium batteries, and nickel metal hydride batteries) can be put in collection boxes at stores such as electronics retail stores or hardware stores.



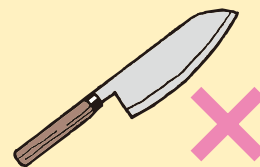
Search for stores with collection boxes at the JBRC Website.  
(<https://www.jbrc.com/>)

**These items cannot be put out as Spray Cans, Flammable Items, and Hazardous Items.  
Wrap these items in paper and put them out as non-burnable trash.**

#### Broken Glass and Ceramics



#### Kitchen Knives



**Q Why should the remaining gas in spray cans, lighters, and portable gas cylinders for cooking be released?**

**A** Any remaining gas is very dangerous because it may cause explosions and fire. After thoroughly being used, they should be punctured outdoors in a well-ventilated area to release any remaining gas. Never release any remaining gas indoors.

## Recyclable Material Collection at Key Collection Sites

## Saturdays and Sundays

(Except for national holidays and the year-end to New Year's holidays)

As of February, 2021

Household recyclable materials classified in the designated ten categories will be accepted free of charge if you bring them to one of the designated key collection sites on Saturdays or Sundays. Collected recyclable materials will be reused or recycled.











### Collection Hours and Days

Saturdays and Sundays (except for national holidays and the year-end to New Year's holidays),  
9:00 a.m. - 12:00 p.m.

### Key Collection Sites

Facility Name	Location	Notes
Nagaoka City Environmental Sanitation Center	3-6-1 Kotobuki	
Kibôgaoka Recyclable Material Collection Site	2227-7 Nishizu-machi	
Nakanoshima Branch office	788 Nakanoshima	Closed on the day of the Industry Festival and the day prior to the festival
Koshiji Branch Office	715 Ura	Closed on the day of Ekiden Relay Race and the Koshiji Autumn Festival as well as the days prior to these events
Mishima Branch Office	1261-1 Kamiwai	
Washima Branch Office	3434-4 Ojimaya	Open only on the fourth Sunday of every month (including national holidays)
Teradomari Branch Office	1977-8 Teradomari Eboshidaira	Sundays only (including national holidays)
The Former Tochio Clean Center	2334-7 Nirebara	

### Items for Collection

Items	Specifications	How to Prepare for Collection
<b>Small Electrical Appliances</b> 	Length, width, and height should each be a maximum of 50 centimeters (e.g. PCs with liquid crystal displays, digital cameras, etc.) * Air-conditioners, TV sets, washing machines, clothes-dryers, refrigerators, freezers, cooling/warming boxes, dehumidifiers, and electric carpets will not be accepted.	Batteries should be removed. Items should not contain any fuel. Items can be brought in as is or in transparent or translucent bags.
<b>Used Tableware</b> 	Ceramic, metal, and glass tableware in good condition (teacups, rice bowls, cups, spoons, etc.) * Tableware with cracks and chopsticks will not be accepted.	Items should be wrapped with paper to protect them. Items should be put in cardboard boxes.
<b>Bags and Belts</b> 	Bags and belts in good condition * Hard bags that retain their shape (such as suitcases) will not be accepted.	Bags and belts should be put together in transparent or translucent bags.
<b>Footwear</b> 	Shoes and sneakers (not necessarily in a pair) in reasonably good condition * Rubber boots, wooden clogs, sandals, and long boots will not be accepted.	The soles should be clean. Shoes should be put in transparent or translucent bags.
<b>Used Clothing and Pieces of Cloth</b> 	Clean used clothing, towels, sheets, blankets, and towelkets in good condition * Clothing padded with natural cotton will not be accepted.	They should be washed, folded, and put together in transparent or translucent bags.
<b>Used Paper</b> 	Newspapers, Magazines/Flyers, and Cardboard	They should be sorted into each category and cross-tied with paper cords.
<b>Glass Bottles, Cans, and PET Plastic Bottles</b> 	Glass bottles for beverages and seasonings, cans for beverages and confections, and PET plastic bottles for beverages and seasonings	They should be washed out with water and put together in transparent or translucent bags.
<b>Reusable Glass Bottles</b> 	Glass bottles (720 ml, 300 ml, and others) with an "R" mark, brown or green bottles (1.8 liters), and beer bottles	They should be washed out with water. 1.8 liter bottles should have their caps and be put in bags or cardboard boxes to keep them from breaking.
<b>Used Cooking Oil</b> 	Used or unused (past its expiration date) vegetable oil such as salad oil or sesame oil * Animal oil, mineral oil, and oil from business sectors will not be accepted.	Solids should be removed and the oil should be put in transparent or translucent containers such as PET plastic bottles with their caps tightly closed. Unused cooking oil should be brought in as is.
<b>Mixed Paper</b> (such as coated paper) 	Toilet paper cores, plastic wrap rolls, milk cartons, paper cups, paper plates, photos, etc. * Paper with silvery coating, oiled paper, tissue paper, and stickers will not be accepted.	Cartons and containers should be washed out with water, dried, and put together in transparent or translucent bags.

# Trash That Cannot Be Handled by the City

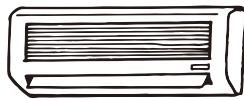
## 1 Four Household Electrical Appliances

(Devices Designated by the Act for Recycling Household Electrical Appliances as of December 2012)

### Recycling Charges (consumption tax included)

Charges may differ depending on manufacturers.

#### Air-Conditioners



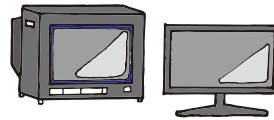
¥990

#### Washing Machines and Dryers



¥2,530

#### TV Sets



15-inch or smaller ¥1,870  
16-inch or larger ¥2,970

#### Refrigerators and Freezers



170-liter or smaller ¥3,740  
171-liter or larger ¥4,730

### How to Dispose of These Four Household Electrical Appliances

#### ① Ask Household Electrical Appliance Retailers or the City's Authorized Trash-Collecting Dealers to collect these items

In addition to recycling charges, there will be collecting and transporting charges. A request to a retailer can be accepted only by the retailer from whom you have purchased the item.

#### ② Bring These Items to Designated Collectors

After checking the manufacturer's name and the model number, purchase a "Household Electrical Appliance Recycling Ticket" at a post office. When purchasing the ticket, there will be an additional handling charge for processing. Take the appliance with the ticket to a designated collector. When taking appliances to a collector, contact the collector in advance.


Designated Collectors	Phone Numbers	Hours	Closed
Hōwa Shōji Co. 2474 - 1 Shingumi-machi	0258-24-6322	8:00 a.m. - 11:45 p.m. 1:00 p.m. - 4:45 p.m.	Sundays and national holidays (Call about hours on Saturdays.)
Nihon Tsūn Co. Chūetsu Branch 1 - 4 - 44 Kaname-chō	0258-36-4400	9:00 a.m. - 12:00 p.m. 1:00 p.m. - 4:30 p.m.	Sundays and national holidays (Call about hours on Saturdays.)

## 2 Personal Computers

(Devices Designated by the Act for the Promotion of Effective Resource Utilization)

Desktop Computers, Notebook Computers, and PC Displays (Keyboards and printers are not included.)

### Collection of Personal Computers and Recycling Charges (consumption tax included)

Classification	Without the recycle mark Products manufactured before September 30, 2003	With the recycle mark Products manufactured after October 1, 2003
Desktop PC, Notebook PC, Liquid Crystal Display (LCD), All-in-One PC with LCD	¥3,300	 リサイクル Free of Charge
CRT Display, All-in-One PC with CRT Display	¥4,400	

### How to Dispose of Personal Computers

For further information, contact the manufacturer or the Personal Computer 3R Promotion Center (<https://www.pc3r.jp/> Phone: 03-5282-7685).





### 3 Others

Trash that cannot be handled by the city is listed below. Do not put out the following items at your trash collection site.

#### Items

##### 【Metal Products】

- automobile products (wheels, tire chains, hydraulic jacks, etc.)
- agricultural machinery ● two-wheeled carts
- devices with engines  
(grass-cutting/weeding machines, lawn mowers, chainsaws, etc.)
- fireproof safes ● drum cans
- pieces of iron and steel such as dumbbells
- steel over 4 mm thick (steel boards, supports, etc.)
- industrial sewing machines ● pumps (including underwater pumps)
- tubes (5 cm or more in diameter)

##### 【Waste Materials from Construction Sites】

- roof tiles ● bathtubs ● bath furnaces ● washstands/wash basin units
- sinks, etc.

##### 【Tires and Springs】

- automobile tires ● sofas with springs ● mattresses with springs
- pianos ● piano wires

##### 【Plastic Materials】

- bowling balls ● surfboards ● polyvinyl chloride pipes (5 cm or more in diameter)

##### 【Plastic Materials for Agricultural Use and Household Vegetable Gardens】

- plastic sheets for greenhouses
- plastic mulch sheets for agricultural use (Plastic mulch sheets for vegetable gardens can be put in designated prepaid bags for non-burnable trash and brought to the Torigoe Clean Center or the Kotobuki Clean Center after contacting them in advance.)

##### 【Others】

- batteries ● soil ● sand ● rocks
- concrete items (clothes-drying pole bases, concrete blocks, rainwater drainage boxes, sewer water drainage boxes, gutters, rock weights)

#### Please Contact

Have the City's Authorized Trash-Collecting Dealers (refer to p.19) collect these items.

#### Used Oil and Agricultural Agents

When disposing of these materials, please contact retailers or dealers.

#### Fire Extinguishers

Please check with retail stores, dealers, or manufacturers.  
Please refer to the Fire Extinguisher Recycling Promotion Center Website.  
<http://www.ferpc.jp/accept/>

#### Motorcycles/Motorbikes

Motorcycles sold in Japan by 16 companies including domestic manufacturers (not necessarily all models qualify) can be recycled through the Two-Wheels Recycle System.  
【The Two-Wheeler Recycle Call Center】 <http://www.jarc.or.jp/>

Ask the city's authorized trash-collecting dealers (refer to p.19) to collect motorcycles that cannot be recycled.

# Nagaoka City Authorized Trash-Collecting Dealers

As of February 2021

Chûetsu Seisô Ltd. collects trash only in the Kawaguchi district. The other dealers collect trash in all of the city's districts except for the Kawaguchi district.

Dealer	Location	* Phone Number	* Fax Number
Akebono Seisôsha Ltd.	55-3 Uryû	42-2560	42-4911
Umezawa Shôten Co.	4-741-13 Inaho	25-2276	25-2234
Katô Sangyô Co.	3-5-22 Shimoyanagi	27-6770	27-8766
Clean System Co.	2342-5 Raikôji Kô	92-2517	92-5102
Takahashi Seisô Sangyô Ltd.	106 Washima Nakazawa Kô	74-2433	74-2978
Chûetsu Seisô Ltd.	546 Ushigashima, Kawaguchi	81-5670	82-2637
Teradomari Total Service Ltd.	651-1 Teradomari Kijima	(0256) 97-3993	(0256) 98-5770
Tochio Seisôsha Co.	2883-5 Kitanigoro	53-5013	53-5013
Tochio Daiichi Seisôsha Ltd.	1-4-7 Yachi	53-5024	53-5024
Hanazono Service Co.	354-3 Fukumichi-machi	29-1122	29-1962
Marukyô Co.	3039-5 Takami-machi	24-0700	25-2133
Maruhatsu Sangyô Ltd.	5290 Yoita Otsu, Yoita-machi	72-2123	72-2774
Mitsuwa Co.	1276-1 Nakazawa-machi	35-7362	35-9903
Yamasei Corporation Ltd.	3373-1 Yamakoshi Mushigame	59-2304	59-2305

\* Area Code: 0258 (except for Teradomari Total Service Ltd.)

# Your trash shows what you are.

Put out trash and recyclable materials separately at the assigned collection site if the designated collection days of these items are the same.

## You are required to follow the city's rules for putting out trash and recyclable materials.

- **You should use the assigned trash collection site in your neighborhood.**

You can put out your trash only at the trash collection site in your neighborhood and not at other neighborhoods' sites.

- **You are required to put out trash and recyclable materials by the designated time on the designated days for your neighborhood.**

Please put out your trash and recyclable materials by 8:30 a.m. on the designated collection days. Please put out your trash and recyclable materials only on the designated days.

- **It is advised that you keep trash collection sites clean and neat.**

Only trash that is properly separated and put in designated prepaid bags for food scraps, burnable trash, or non-burnable trash can be collected. You are required to follow the city's rules for trash collection. Trash bags should be properly tied shut in order to prevent the contents from scattering.

## For further information about how to put out trash and recyclable materials, feel free to contact the following offices.

### Contact Offices (Please make sure to dial the correct number.)

<b>Nagaoka District</b>	Environmental Management Division Department of Environment	☎24-2837	Fax: 24-6553
<b>Nakanoshima District</b>	Citizens' Service Division Nakanoshima Branch Office	☎61-2014	Fax: 61-2030
<b>Koshiji District</b>	Citizens' Service Division Koshiji Branch Office	☎92-5905	Fax: 41-3731
<b>Mishima District</b>	Citizens' Service Division Mishima Branch Office	☎42-2246	Fax: 42-2154
<b>Yamakoshi District</b>	Citizens' Service Division Yamakoshi Branch Office	☎59-2332	Fax: 59-2331
<b>Oguni District</b>	Citizens' Service Division Oguni Branch Office	☎95-5900	Fax: 95-5914
<b>Washima District</b>	Citizens' Service Division Washima Branch Office	☎74-3113	Fax: 74-3500
<b>Teradomari District</b>	Citizens' Service Division Teradomari Branch Office	☎75-3113	Fax: 75-2238
<b>Tochio District</b>	Environmental Sanitary Division Tochio Branch Office	☎53-2477	Fax: 51-1315
<b>Yoita District</b>	Citizens' Service Division Yoita Branch Office	☎72-3160	Fax: 41-5787
<b>Kawaguchi</b>	Citizens' Service Division Kawaguchi Branch Office	☎89-3112	Fax: 89-3430

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